***LaConner Co-Op Parent Education***

Skagit Community College Parenting Education Program

**Overview**

Cooperative preschools offer an educational experience for both children and parents. Children attend preschool 2-3 days a week for 2.5 hours per class session. SVC affiliated preschools are hands-on play-based and experiential, developmentally appropriate practices for growing minds and bodies! Each parent works in the classroom 2 times a month. Taking on assisting the teachers, assist with fundraising and attend monthly parenting education classes.

**Parent Education**

As part of the cooperative preschool experience parents/caregivers are enrolled in an SVC Family Living program when they enroll their child in preschool. Parents/caregivers earn 3 credits per year through SVC. To earn credit parents, attend monthly parent education classes. This will take place the last Tuesday of every month in the evenings, with a snack or small meal provided at the preschool. Where parents will discuss important topics while providing a safe community of parents in a judge free zone. Class format may include lectures, discussion groups, guest speakers on topics such as:

* Developmental milestones
* Children social and emotional development
* Sibling rivalry
* Discipline
* Family communication
* Early learning, literacy and school readiness
* Health and wellness of children
* Community resources

**RESOURCES:**

**LaConner Public Schools**: Access to LaConner health services for up-to-date COVID 19 information, Health screens, staff and student symptom/exposure flowchart [www.lcsd.wednet.edu](http://www.lcsd.wednet.edu)

**Skagit Parks and Rec**: <https://www.skagitcounty.net/Departments/ParksAndRecreation/main.htm>

**Department of Early Learning (DE**L): DEL offers information and resources for children’s first and most important teachers-parents-as well as others who care for and teach young children. [www.del.wa.gov](http://www.del.wa.gov) & [www.del.wa.gov/helpful-resources/Washington-state-early-learning-and-developmental-guidelines](http://www.del.wa.gov/helpful-resources/Washington-state-early-learning-and-developmental-guidelines)

**Department of Health (doh) immunization home page**. Available to provide you with reliable resources to help you make informed decisions on the importance of immunizations for: children, adolescents and adults [www.doh.wa.gov/youandyourfamily/immunization](http://www.doh.wa.gov/youandyourfamily/immunization)

**U.S department of Education**: A resource for school preparation checklists <https://www2.ed.gov/parents/landing.jhtml>

**Love and Logic**: Contains classes, speakers, and webinars on raising self- confident, motivated children. [www.loveandlogic.com](http://www.loveandlogic.com)

**Distance Learning Resource Center:** Distance learning during the COVID-19 Pandemic <https://education-reimagined.org/distance-learning-resource-center/>

**Zero to Three:** A collection of parent favorites resources. [www.zerotothree.org](http://www.zerotothree.org)